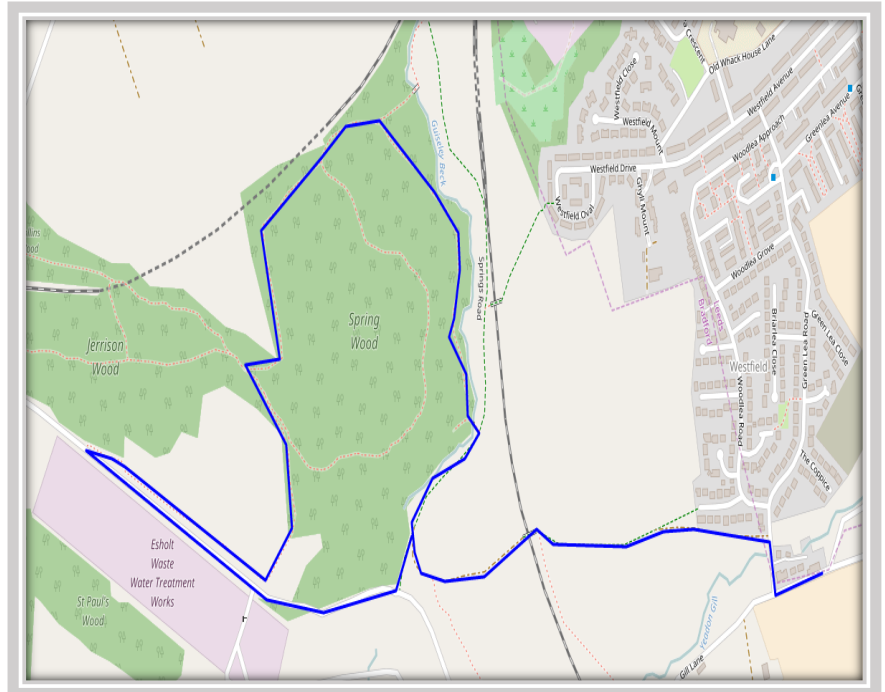


## Guiseley Beck and Spring Wood

<b>Distance</b>	2 Miles
<b>Duration</b>	40 minutes
<b>Features</b>	Woodland
<b>OS Map</b>	Explorer 288
<b>Area</b>	West Yorkshire



### Walk Guide

1. Parking on Warm Lane, heading up Green Lea Road on the right hand side then immediately left after the bridge that crosses Yeadon Beck.
2. Follow this path forwards and over the train line, then keep on it as it bears to the right with the beck running to the left of you.
3. Cross over the bridge on the left and continue on the path going to the right.
4. Follow this path on, bear left as another path goes off to the right.
5. Continue to follow the path forwards, ignoring another path that takes you to the right.
6. This path eventually bears right and comes to a junction - take the sharp right and then stick to the rightmost path as this path forks.
7. Follow this down to a road the runs parallel to a water treatment plant, heading right along the road
8. Look out for a path that goes off to the left, taking this a short distance before taking the path on the right to get back onto the path you started on.
9. Follow it back to Warm Lane.